What is abuse?

There are different types of Abuse.

* Abuse means harm.
* One way we can be hurt is by sexual abuse.
* This means hurting someone on purpose. Sexual involves people’s sexual body parts like a penis, vagina, breasts and bottom. You may have been taught that these body parts are called different names or may be called private parts. Children need these body parts so they can empty their bellies of food and drink. Grown-ups do too but they also can use them to make babies or show their partner they love them. This is only OK if the two grown-ups want this to happen.
* Sexual abuse is hurting someone by touching, showing or making them do things with your, theirs or others sexual body parts.

**IT’S JUST NOT OK!**

Touching others or your body with or without clothes

Touching someone else private parts

Touching your private parts

Putting objects inside these private parts

Rubbing private parts

**IT’S JUST NOT OK!**

Looking at photos, magazines, online posts of others being abused

Getting children to pose or take photos of themselves and their private body parts

For children to be made to watch or hear sexual acts

To be made to show your body to anyone you do not trust

To make children trust you, so you can make them do anything you want with them (especially with their private parts that grown-ups use them for)